

VIEWS

AT TEHAMA

www.tehamagolfclub.com

JANUARY 2017

DATES TO REMEMBER

FEBRUARY

- 1 Wednesday Ladies Guest Day
- 7 Monday AT&T ProAm
through February 12
- 15 Wednesday Men's Guest Day
- 22 Wednesday Member Buffet

MARCH

- 14 Tuesday Ladies Clinic
- 29 Wednesday Men's Guest Day

APRIL

- 5 Wednesday Ladies Guest Day
- 13 Thursday Ladies Member Member
- 14 Friday Men's Member Member
through April 15
- 15 Saturday Member Member
Dinner Dance
- 16 Sunday Easter Sunday
- 25 Tuesday Member Wine Sale
- 28 Friday Ladies Team Play

MAY

- 7 Sunday Couples Golf
- 11 Thursday Men's Home and Home
- 14 Sunday Mother's Day Brunch
- 16 Tuesday Ladies Team Play
- 24 Wednesday The Clint Tournament
through May 27
- 29 Monday Memorial Day
Course open all day

Calendar is subject to change without prior notice. For reservations, please call the Food & Beverage Office at (831) 622-2220. For days when the club is not open and you would like to make reservations for dining events, please do so in the general voicemail box.

MORE STORIES INSIDE

- Golf News
- Recipes
- Fitness Tips
- And Much More!*

Happy New Year



more photos on pages 2

Member Holiday Party



From the Managing Director



TOM ZOLLER
MANAGING DIRECTOR

Dear Members,

2017 marks the 20th anniversary of Tehama Golf Club! What a unique experience many of us share, involvement in the earliest days of the club. When words like four wheel drive, tent, trailer, Bravado, Red, all were affectionately used on a daily basis.

Over these last 20 years the club has continued to refine itself and what it has become is truly extraordinary. There are many aspects of the Tehama experience that cannot be matched anywhere. I have spent a lifetime around private golf settings and Tehama is beyond special. The place somehow embraces each individual as if he or she were the only member. The setting, the clubhouse, Callahan's and Fitness center. The greens, the food, the staff, hell even the deer have spent the last 20 years figuring out just how to play their roles to perfection. Tehama is all at once close in yet simultaneously far out. I like to creep up to the edge of #2 green or #16 tee to look down over the edge, just to see what the rat race is up to, or maybe it's just to jolt myself back from thinking I'm somewhere in the middle of Montana. Just

like you, I love Tehama and admittedly, I lack the words that adequately exalt Tehama Golf Club's praises.

With the first 20 years of the club's existence drawing to a close, I couldn't feel more optimistic about the next 20. From my heart I can truly say the staff is more dedicated to the quality of your member experience than ever. Team Tehama is determined to provide this membership with unique opportunities and experiences not available at other clubs. Each department is exhibiting a self-imposed willingness to set the bar of excellence a few notches higher than ever before. The end product being an unrivaled private golf club experience. I feel compelled to acknowledge by name certain members of the staff who are spearheading this determination to excel as a team. However, these are front of the house individuals who are recognized by you as members. I think it important to point out that these people are operating from a solid foundation provided by a large number of no less talented employees. A pyramid that is quite possibly stronger at the base than it is at the top!

I also would like to say thank you to the owners of Tehama. Without their vision and strong commitment to this place none of us would have had this remarkable experience.

In closing, let me make one simple request. Please come out and enjoy the club. Let Tehama, "Make your day."

Tom Zoller



Bryndie Beach, Tehama Road Company



Shooting Star



Footsteps of Spring



Pacific Iris and Baby Blue Eyes



California Lilac



BRYNDIE BEACH

ADMINISTRATIVE MANAGER
TEHAMA ROAD COMPANY

Florabunda: Spring in Tehama

“One morning — and so soon! — the first flower has opened when you wake. Or you catch it poised in a single, brief moment of hesitation. Next day, another, shy at first like a foal, even a third, a fourth, carried triumphantly at the summit of those strong columns, and each a Juno, calm in brilliance.

If humans could be that intensely whole, undistracted, unhurried, swift from sheer unswerving impetus! If we could blossom out of ourselves, giving nothing imperfect, withholding nothing!”
— Denise Levertov *The Métier of Blooming*

Spring in Tehama draws us to our magnificent wildflower displays. By mid-February, we see swathes of pink shooting stars, the tender yellow of footsteps of spring, and the deep red of native gooseberries. Soon to follow are baby blue eyes, chrome yellow and white tidy tips, California buttercups, deep blue and purple larkspur, blue dicks and lupine, and Pacific iris. In shady areas, keep an eye out for blood red trillium, often hiding near the trunks of our stately California buckeyes. April and May will offer fields of pale pink checker bloom, Chinese houses, yellow and blue-eyed

grass, our beloved California poppies, and the buckeyes’ white blossoms. We also can claim the rare Carmel Valley bush-mallow as a Tehama resident. Toward summer, we will see the splendid dusky blues of our native California lilac, pink owl’s clover, vermilion Indian paint brush, and apricot sticky monkey flower.

For our local wildlife friends, motherhood is in full swing: flocks of ping-pong ball sized baby quail, new fawns, including many twins, rabbits, as well as our bevy of birds and other creatures. As always, the safety of everyone in Tehama, our residents, members, guests, workers, and wildlife, is of paramount importance. As you enjoy the beauty of spring, please drive carefully and take a moment to let your eyes soak up the breathtaking beauty of Tehama.



Sticky Monkey



Tidy Tips



Larkspur



Blue Dicks



Purple Owl’s Clover



Blue-Eyed Grass



California Buttercups



Red Trillium



Carmel Valley Bush-Mallow

BITES from Chef Dave



DAVE PARKER
EXECUTIVE CHEF

Greetings from the kitchen.

I hope everybody survived the holidays and New Year without eating too many unhealthy foods. Going into the winter, our habits can change, we tend to eat foods that are higher in calories and fats. But this is easy to fix if you choose to incorporate these five foods into your winter diet.

1. **Pomegranates.** This fruit is rich in antioxidants, lowers “bad” cholesterol, and increases blood flow to the heart.
2. **Dark Leafy Greens.** These greens provide high levels of vitamins A, C, and K, and are full of folate.
3. **All Citrus.** Citrus boosts “high” cholesterol, and lowers “bad” cholesterol, and citrus is the most flavorful and juicy in the winter.
4. **Potatoes.** These are high in vitamin C and B6, high in fiber and folate. Also, a purple potato lowers inflammation naturally.
5. **Winter Squashes.** Including, Butternut, Acorn, and Spaghetti. These all have low calories, high fiber, plus have high levels of Vitamins C, A, B6, and K. Also they are loaded with folate and potassium.

By utilizing these five foods in your diet, you can stay healthy and still have flavorful dishes to satisfy your cravings. For me personally, I eat citrus and pomegranates in the morning, greens and potatoes at lunch and some squash with dinner. Spaghetti Squash and Bolognese sauce are my favorite.

Cheers,
Chef Dave



The kitchen staff: Eleazar, Chris, Jorge, Mike, Roberto, Efrain, Peter, Luis and Chef Dave. (Not pictured: Jamie, Mario, Jake, David)

Course Superintendent



GAVIN DICKSON
SUPERINTENDENT

I'm Gavin Dickson originally from the Walla Walla, WA which is in the southeast part of the state.

My first introduction to working outdoors came as a 10-year-old picking strawberries. As I grew older I started mowing lawns throughout my teenage years. My senior year of high school was my first formal education of turf management.

I received my Turf Management degree from Walla Walla Community College in 2003. I completed my internship in 2002 with Walla Walla Country Club and was hired full-time at the end of my turf program. While at WWCC we were the host of the Women's 2002 Pac-10 Championships along with the 2005 Men's Pac-10 Championships.

Since leaving WWCC in 2005 I have worked at Spanish Bay, Pebble Beach Golf Links, Quail Lodge & Golf Club, and Eagle Ridge Golf Club. I have worked multiple AT&T Pro-Ams, 2010 U.S. Open at Pebble Beach, and 2015 U.S. Open at Chambers Bay. I network with fellow turf guys around the world and currently serve on the board of directors for the Golf Course Superintendents Association Northern California Chapter.

I have learned so much from Tom over the last four years and I am grateful that he has given me this opportunity to be your superintendent. I enjoy playing golf and the conditions that each golf course can display. I look forward to the upcoming year.

Happy New Year,
Gavin Dickson



DALE TAYLOR
HEAD GOLF
PROFESSIONAL

Golf Above the Bay — Tehama Life

Welcome to Tehama 2017! We are all very enthusiastic about building on our successes from last year to create even better experiences this year for our esteemed membership. Before we look ahead, let's take a moment to reflect on the end of year tournaments from 2016.

Ladies Golf Program

First of all, thank you to our Golf Captain Carol Knight and our Team Play Captain Lisa John for their dedication and thought-

fulness in their service to the club. Both helped to shape and promote many aspects of the Ladies Golf Program. Two events finished up in December including the Net Match Play Tournament the Player of the Year Championship.

The Ladies Net Match Play Tournament was a new event for us. Each month, everyone played a match against another member. Congratulations to Margaret Lilley on winning the 2016 Ladies Net Match Play Tournament. Mrs. Lilley won six of her seven matches. Mrs. Lilley also won the Ladies Invitational with her three guests this year as well as the Member/Member Championship with Lisa John.

A total of nine members qualified for the Player of the Year Championship. Congratulations to Kathy Haller on winning the season ending tournament. She posted a net score of 73 to claim the title by one shot over Eileen Schwartz. Cass Antle was awarded Most Improved golfer for 2016. Mrs. Antle improved her handicap index from 29.2 to 22.6 and is committed to keeping that trend going.

Men's Golf Program

We were fortunate to have the time and energy of our dedicated Golf Captain Jason Sweet and Team Play Captain Jeff Britton over the course of the year. Both weighed in with suggestions on enhancing the tournament program throughout the year. With their support, we launched new events such as the Men's Net Match Play Tournament and Couples Club Championship. The year ended with the Player of the Year Championship.

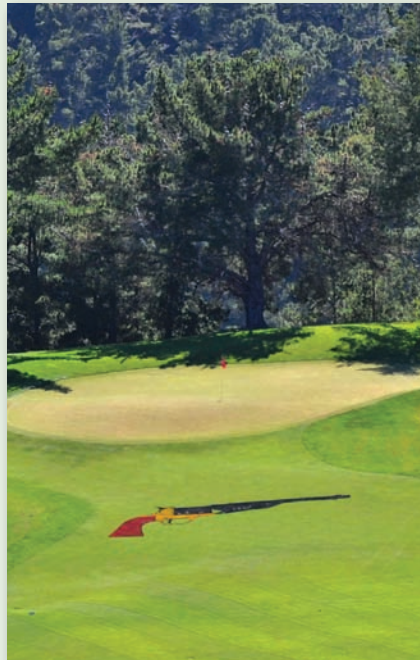
The POY Championship concluded in dramatic fashion. After two rounds, we had three players tied for first place. Dan Archer, Jim Simon and Bob Simpson all finished with 32 Stableford points which forced a sudden death playoff starting on 18. Congratulations to Jim Simon who holed a 3-foot putt to win Player of the Year Championship. Mr. Simon also won the inaugural Net Match Play Tournament in 2016.

2017 at Tehama

Our mission continues into the new year: to create a culture of inspired service that will provide our members and their guests with an array of world class golf experiences. Immediate success hinges on a continuous process of improving and refining current offerings for our members. Equally critical to our prosperity will be a dedicated effort to attract and incorporate new members who will grow with the club for years to come.

After a period of restructuring, we now have great staff in key positions in the golf department. Luis Benitez, who was appointed Player Services Supervisor earlier in the year, has added to his duties and now leads the golf merchandising efforts in the golf shop. Look for monthly newsletters and promotions regarding apparel and equipment throughout the year from Luis. Also, watch for an increase in demo days and specialty trunk shows as we work with our vendors to offer more personalized services to our members.

Many of you have already met Bill Sendell, our newest addition to the professional staff. Bill has vast experience as a golf professional and has spent the last five years building memberships for international interests such as the Eden Club. As our Membership Director, Bill is dedicated to our mission statement and will endeavor to attract new members. His first steps will be to ensure that current and prospective members know that we offer two membership access points (\$55K & \$150K) and that we have a referral program that rewards members for introducing and sponsoring new folks who become golf members. In addition, Bill and I are developing a series of golf outings, clinics and celebrity guest instructor appearances to create more excitement around the club.



Major Golf Event Calendar

- Thursday, April 13th – Ladies Member/Member Championship
- Friday & Saturday, April 14th & 15th – Men's Member/Member Championship
- Wednesday to Saturday, May 24th to 27th – The Clint Eastwood Golf Tournament
- Thursday & Friday, July 13th & 14th – Ladies Invitational
- Friday to Sunday, July 28th to July 30th – Men's Club Championship
- Thursday & Friday, August 9th & 10th – Ladies Club Championship
- Sunday, September 10th – Couples Club Championship
- Friday & Saturday, October 13th & 14th – John Zoller Shoot-Out

The staff all feel quite fortunate to be part of this special place called Tehama. Although the setting is spectacular, it is you, the members, who breathe life into the club on a daily basis. Please know that we value your comments and suggestions for making Tehama great. We are committed to making your experience at Tehama unique and memorable. We are looking forward to seeing you all at Tehama in 2017.

The Tehama Fitness Center



MATT MURPHY
FITNESS MANAGER



ALLISON McHENRY
FITNESS MANAGER

New Year, New You

It's that time of year again, time to focus on your new year's resolutions. If you are unsure where to begin, or want to try something different to actually make that fitness program stick, try these quick tips:

- 1. Start slow.** Think of this as a commitment to a healthier lifestyle. Starting slow will allow you to figure out which type of exercise you enjoy, and will also allow you to not get burned out too quickly.
- 2. Bring a friend.** Inviting a friend to start this new program will increase your chances of sticking with it, and will be more fun! An exercise partner will bring you a support system, encouragement, and just the motivation you need to keep up the good work.
- 3. Find something you enjoy!** We'll be offering some new and exciting group classes in 2017. We've got some new spin bikes, and Allison will be introducing some boot camp style classes as well as Aqua Aerobics. Yoga and Pilates group classes will still be offered at their regular times.
- 4. Make it a habit.** Once you find one of our many fitness activities that work for you, lock on and become a regular! You'll love the way it makes you feel; and look. Make 2017 your year, and grab it by the horns!

If you haven't been to Tehama Fitness Center in a while, please come by and say hello. We have some wonderful new equipment and a tremendous fitness staff to help you navigate the fitness center area. Fitness Managers Allison McHenry and Matt Murphy are available to schedule a complimentary orientation upon availability. This is available for new members or if you just haven't been here in a while.



Special Events Coordinator



CHERYL FOURNIER
SPECIAL EVENTS
COORDINATOR

On November 12th, the F&B Staff successfully served our largest wedding ever with 270 guests in attendance. We hope to see Ashley & Michael's photos on Vogue.com in the near future.

In December, I hope you had the pleasure of sharing the holiday décor with your family and friends. A big round of applause goes to Randi Tucker, Teri Vereb and Karla Palmeri for their gorgeous decorations that adorned our Clubhouse.

Their hard work set the cheery mood for the Member's Holiday Party. A big thanks to Melissa Schultz who willingly assists me in paper play...center pieces made from cardboard and wrappings which opened to display miniature scenes of Tehama and Monterra as well as the handmade menus and clocks for New Years.

Fifty guests enjoyed Chef Dave's New Year's Eve Prix Fixe Menu while drinking a handpicked selection of high end wines by Rita. We've heard nothing but raves...so look forward to a repeat of this intimate format.

I hope you can join us for one or all of the following special events:

WORKSHOP with Debra Ferrebpeuf



This versatile script is perfect for Love Notes, Romantic Sentiments & Endearments to adorn a valentine you'll make in class.

All Materials supplied \$65

Friday, February 3rd, 1:00 to 4:30pm

Class limited to 10 participants

Preregister with Melissa Schultz 831-622-2220

Please look forward to receiving these Flyers

Thursday, March 9th – BOUQUETS TO ART
De Young Museum, San Francisco

Thursday, April 6th – San Francisco, Flower Show
San Mateo Event Center

TEHAMA

g o l f c l u b

4 Tehama, Carmel, CA 93923

Return Service Requested

Robert Creveling *In memory of:* Christine Zamora Foster Nelson



Business Office	831.622.2200
Pro Shop	831.622.2250
Fitness Center	831.622.2274
Food & Beverage	831.622.2220
Saloon	831.622.2211

CONTINENTAL BREAKFAST

(Outside Pro Shop)

Tuesday-Sunday 7:30-11:00

FULL BREAKFAST

Saturday & Sunday 7:00-11:00

LUNCH

Monday (limited menu) 11:00-3:30

Tuesday-Sunday 11:00-3:30

DINNER*

Wednesday & Friday
(As scheduled) 6:00-9:00

SALOON

Monday 11:00-Sundown

Tuesday & Thursday 11:00-Sundown

Wednesday & Friday 11:00-After Dinner

Saturday & Sunday 7:00-Sundown

CALLAHAN'S

Tuesday-Sunday 11:00-3:30

*Hours subject to change based on DST

We welcome any comments, suggestions or contributions for the newsletter. You may email them to the editorial staff at: info@tgcmail.net
Thank you for your cooperation and support!