

VIEWS

AT TEHAMA

www.tehamagolfclub.com

AUGUST 2016

DATES TO REMEMBER

AUGUST

3 Wednesday	Ladies Guest Day
7 Sunday	Casual Sunday Golf and BBQ
15-21 M-Su	Concourse Week
25 Thursday	Ladies Member Member
26-27 F-Sa	Men's Member Member
27 Saturday	Member Member Dinner Dance

SEPTEMBER

5 Monday	Labor Day – Course open all day
6 Tuesday	Course open at noon
7-8 W-Th	Ladies Club Champion
13-18 T-Su	First Tee – Nature Valley Golf Tournament
23-24 F-Sa	Men's Club Champion

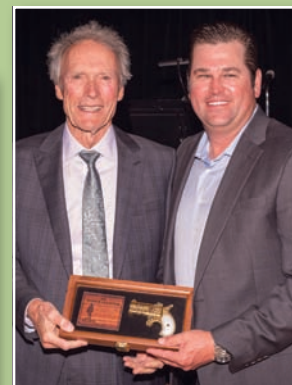
Calendar is subject to change without prior notice. For reservations, please call the Food & Beverage Office at (831) 622-2220. For days when the club is not open and you would like to make reservations for dining events, please do so in the general voicemail box.

MORE STORIES INSIDE

- Golf News
- Recipes
- Fitness Tips

And Much More!

The Clint Tournament



more photos on pages 2

The Clint Tournament



Ladies Invitational



Gross Champions
Margaret Lilley, Joan Holmquist, Teri Greene, Rhonda Mohr



Net Champions
Ilse McClure, Alex Albers, Vicki Donald, Cori Bertucio



2nd Place Gross
Kathy Gabelman, Momi Chinn, Jennie Noonan, Sharon Bernardo



2nd Place Net
Christine Zamora, Scottie Buttons, Patti Dircks, Kallie Kloefkorn



3rd Place Gross
Mary Liskin, Diane Armstrong, Gina Rand, Margaret Konkin



3rd Place Net
Donna Loiacono, Susie Balesteri, Marilyn Twisselman, Lisa John

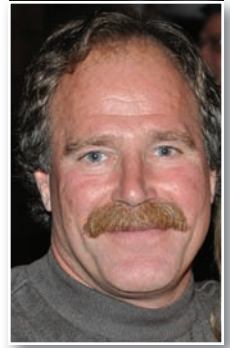
From the General Manager



SUE CAROTA
GENERAL MANAGER

Dear Members,

On behalf of Mr. Eastwood, I am very pleased to announce that Tom Zoller currently the Director of Operations at the Tehama Golf Club has been promoted to the position of Managing Director. With Tom's experience and knowledge, he will be able to continue the traditions and enrich the culture of the Club.



Tom began his career in the golf business in 1982 and joined the team at Tehama in January of 2000 as Course Superintendent. In 2014, he took on additional responsibilities and was promoted to Director of Operations. For those who know Tom, they will agree when I say that he has a true passion and sincere commitment to making the Club/Course the BEST it can be. He runs a "tight ship"! Tom's dedication to his work has earned him the respect of our ownership, our members and the Tehama staff. Tom is honored to step up and lead the Tehama Team and we are fortunate to have him! I know that you will give Tom the support

and courtesy that you have extended to me.

I will be stepping back from my role as the Acting General Manager and returning to full-time General Manager at Mission Ranch. Please know that I will continue to provide my assistance to Tom, the Club, and the ownership in any way needed. Thank you for the past 2-1/2 years. It has been a pleasure working with you, and I appreciate the extraordinary experience that Tehama has provided me. It's been a great ride! See you at Mission Ranch!!!

Warmest Regards,
Sue Carota



The Tehama Fitness Center



CLINT WARD

DIRECTOR OF FITNESS /
PERSONAL TRAINER

It's amazing to think that we're already closing in on our 10-year anniversary here at the Fitness Center! We officially opened our doors on August 6th, 2006 with an exceptional level of enthusiasm and seeing all of the familiar faces over the years has definitely enhanced the spirit of our "Tehama Family." Over the last decade we have defined ourselves as a positive, energetic, and respectful group where all family and friends are welcome with opened arms.

As the Fitness Director, I try to walk that fine-line between providing change and maintaining a comfort zone that our members come to expect. The fitness industry evolves every year and so we do our best by trying to keep up with those inevitable changes, slowly incorporating the new while fading away the old. We've replaced a few machines with an extended open area so you can now perform a wide variety of exercises within the new space. Space allows you to be creative with standing free-weight exercises, core work on the mat, or cool-down stretches all in the same spot from where you originally began. Machines are nice to work with but the limited training options that they provide prevents you from doing so much more.

The outdoor fitness area is also the place to be while your friends and family are in town. We maintain a crystal clear adult and kid's pool, providing a number of activities around the pool which are fun for all ages. These activities include; kids basketball, ring diving, cornhole, chess, lap swimming, and tennis. Come take advantage of our summer's "Sunday Funday" as we offer complimentary guests from 11am-3pm, same hours as Callahan's Grill which includes poolside service.



BITES from Chef Dave



DAVE PARKER
EXECUTIVE CHEF

Greetings from the Kitchen!!! Summer is in full effect and we are excited to have fresh and local produce a plenty! We are lucky to have some small farms providing fresh picked vegetables and fruit every day. We will be utilizing as much fresh and local items as they arrive. The Ocean is starting to provide a multitude of fresh fish and sea life as well. Local Salmon season has been good so far and local Calamari is available once again. Summer is my favorite time of year

because of the long days, warm nights, fresh stone fruit, and dining outside. One of my favorite desserts is a flourless chocolate cake with fresh cherries marinated in Makers Mark bourbon. Here is a recipe I use all the time:

Chocolate Cake

- 1/2 cup butter, cut into 1" pieces, at room temperature, (plus a little more for pan)
- 3/4 cup + 2 Tbsp sugar, (plus a little more for dusting pan)
- 2 Tbsp Vegetable oil
- 6 Eggs
- 2 Tbsp Unsweetened Cocoa Powder
- 1 tsp Vanilla Extract
- 3/4 tsp Kosher salt

Preheat oven to 350°. Lightly coat spring form pan with butter, and dust with sugar, tapping out excess. Combine chocolate, oil, and 1/2 cup butter in stainless steel bowl, place on double boiler, stir until melted. Remove from heat. Separate 4 eggs, placing whites and yolks in separate bowls. Add cocoa powder, vanilla, salt, 1/4 cup sugar and remaining 2 eggs to bowl with the yolks in it. Whisk until smooth. Gradually mix melted chocolate mixture together with the yolk mixture, blending until mixed completely. Using an electric mixer, whip whites until frothy, adding 1/2 cup sugar gradually, until stiff peaks form. Gently fold the two mixtures together, just until incorporated. Place mix into prepared pan, smooth top, sprinkle 2 Tbsp. on top. Bake until top is puffed and starting to crack and the cake is pulling away from the sides, 35-45 minutes. Transfer to wire rack and cool completely. (middle of cake will fall and crack as it cools)

For the cherries:

- 1-2 lbs fresh cherries, pitted, any variety
- 3 Tbsp sugar
- 4 oz Makers mark bourbon

Combine all 3 ingredients in sauce pot, allow to cook until alcohol has cooked off and sugar has created syrupy consistency. Cool slightly, pour over cake when ready to eat. Add whipped cream as well to round out a delicious dessert.

... Cheers, Chef Dave!



RICK LEIBOVICH
HEAD GOLF
PROFESSIONAL

Since April, the weather has been excellent, the golf course could not be in better shape; the greens are as smooth as ever, the fairways magnificent and as long as we keep the ball on greens grass, life is good at Tehama.



Congratulations to the following tournament winners:

Men's Guest Day, February 17

Gross Division – Gerry Schwartzel, Greg Evans and guests Andy Gevler and Joe Huston

Net Division – Bob Adams and guests Glen Hudgens, Mike Lebowitz and Fred Crummy

Men's Guest Day, April 13

Gross Division – Jeff Britton and guests Mike Kavalauskas, Eric Heiser and Casey Boyns

Net Division – Bob Adams and guests Glen Hudgens, Mike Lebowitz and Fred Crummy

Ladies Guest Day, April 6

Gross Division – Kathy Gabelman and guests Cristina Moore, Nancy Sparkling and Cori Bertucio

Net Division – Two teams tied for first place
Cass Antle and guests Mindy Bush, Suzie MacMichael and Michelle Stephens
Colleen Sweet, Eileen Schwartz and guests Kathy Huff and Darlyn Hoyt

The Clint Golf Tournament

Overall Champions Gross – Jeff Britton, Jerry Ledzinski and guests Daniel Coyle and Tai Hornbeck

Overall Champions Net – Dan Garrett, David Knight and guests Danny Lovell and Abe Stallcup

First Flight Gross – Andy Gabelman, Steve John and guests John Fynn and Kyle John

First Flight Net – Jim Castle, Ricky Nguyen and guests Dean Bell and Jeff Jensen

Second Flight Gross – Clint Eastwood, Phil Johnson and their guests Kenny G. and Huey Lewis

Second Flight Net – Mark Bertelsen, Bob Zamora and guests Shane Brisbin and Allen Couter

Individual winners – Tehama member Jerry Ledzinski and Danny Lovell

Summer-Fall Schedule

August 3	Ladies Guest Day
August 7	Golf and Buffett
August 25	Ladies Member-Member
August 26-27	Men's Member-Member
September 7-8	Ladies Club Championship
September 23-25	Men's Club Championship
October 9	Couples 18-hole event
October 26-November 3	Couples Golf Trip
November 9	Men's Guest Day
November 16	Ladies Guest Day

Ladies Guest Day, June 8

Gross Division – Carol Knight and her guests Jinah Lovett and Mary Lou Shelloe

Net Division – three teams tied for First:
Lisa John, Barbara Stuart, Hilary Williams and Sue Farwell
Ilse McClure, Becky Sullivan, Shari Leibovich and Vicki Gularte
Erika DeSerpa, Murlie Hanson, Ann Ellis and Kim Ramsey

Men's Guest Day, June 22

Gross Division – Jeff Britton and his guests Bill Hogan, Mike Kavalauskas and Michel Schroeder

Net Division – Terry Slaughter and guests Bob Swanston, Ned Nix and Carey Weatherholt

Tehama Golf Club –

Pasatiempo Golf Club Men's Home and Home, May 12-13

Tehama, 407 points

Pasatiempo, 413 points -winners-

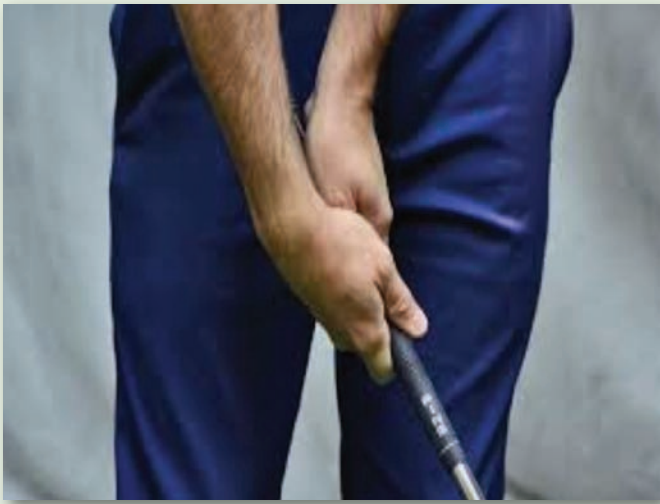
From the Pro Shop

Golf operations new employee

Robert Fling has been a great addition to our staff. He is working full time as a Player Service employee and is hoping to serve as a Law-enforcement officer in a few years. Please welcome Robert next time you stop by the club.

Golf Tip - For more consistent chipping, swing arms and body together.

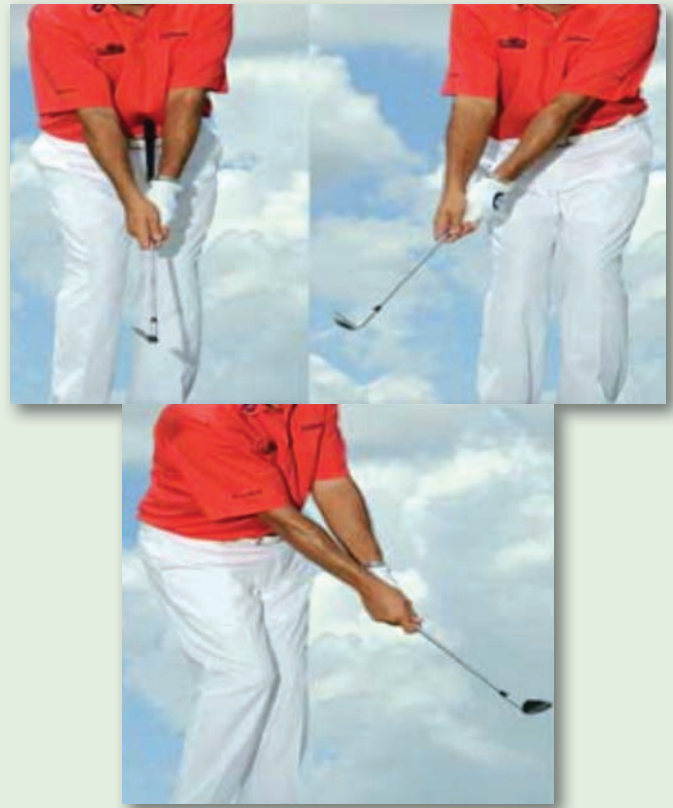
If you are struggling with your short to mid-range -30 yards- chip shots, chances are, your hands and wrists are overly active during the swing. Too much wrist action is the culprit of most mishit shots.



To fix the problem try these simple fixes.

1. Swing the club keeping the arms in front of your chest at all times and using you core to turn – look at the pictures below.
2. Grip the club softly and keep the hands and wrists as quiet as possible during the swing – this will prevent over-manipulation of the club head-
3. Ideally, your arms should stay in front of your chest at all times during the swing and not move any further than your body turn.

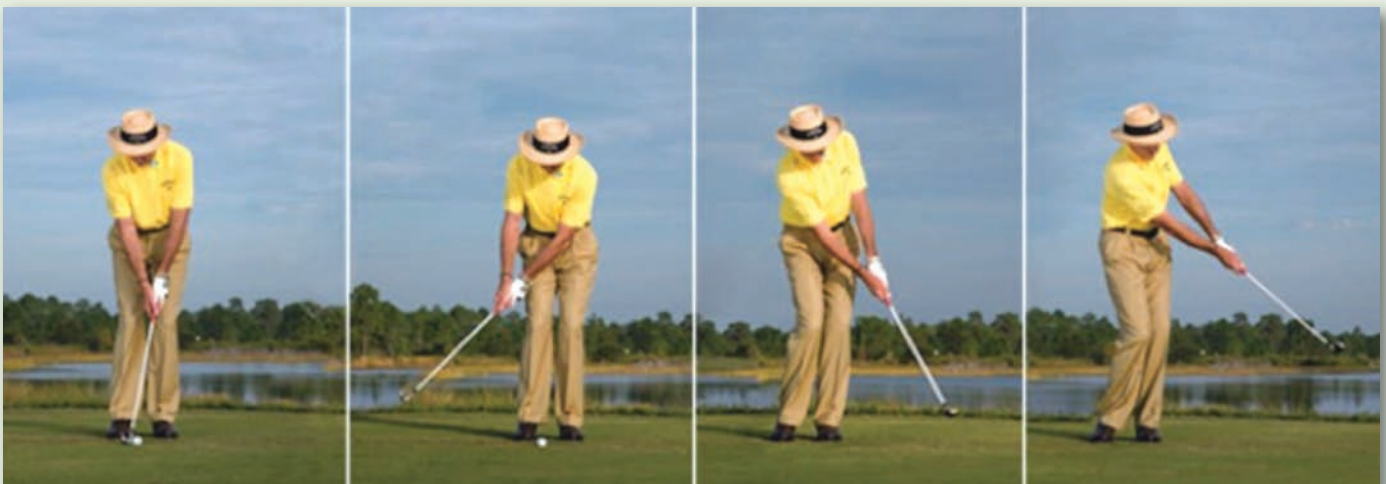
Try this drill to help you develop the swing I described



1. Stick grip of club on your belly-button
2. Grip down the shaft so the arms are fully extended but the club's grip remains against your body
3. Swing club back and through by rotating the core

If done correctly, you should feel no wrist action and the club, arms, hands and body moving in sync together.

Wishing you great golf and good health!!



TEHAMA

g o l f c l u b

4 Tehama, Carmel, CA 93923

Return Service Requested



Business Office	831.622.2200
Pro Shop	831.622.2250
Fitness Center	831.622.2274
Food & Beverage	831.622.2220
Saloon	831.622.2211

CONTINENTAL BREAKFAST

(Outside Pro Shop)

Tuesday-Sunday 7:30-10:30

FULL BREAKFAST

Saturday & Sunday 7:00-11:00

LUNCH

Monday (limited menu) 11:00-4:00

Tuesday-Sunday 11:00-4:00

DINNER*

Wednesday & Friday

(As scheduled) 6:00-9:00

SALOON

Monday 11:00-Sundown

Tuesday & Thursday 11:00-Sundown

Wednesday & Friday 11:00-After Dinner

Saturday & Sunday 7:00-Sundown

CALLAHAN'S

Tuesday-Sunday 11:00-3:00

*Hours subject to change based on DST

We welcome any comments, suggestions or contributions for the newsletter. You may email them to the editorial staff at: info@tgcmail.net
Thank you for your cooperation and support!